

AGENCY SERVICES

Lighthouse is a comprehensive youth and family services organization providing a wide range of services for young people ages 0-24 and their families. The continuum of care is meant to make it easier for youth and families to receive the support they need, encompassing emergency shelter, residential treatment, foster care, community juvenile justice, transitional and independent living programs for older homeless youth, and mental and behavioral health services, including in-home care for families in crisis.

Each client receives individualized care to support them on their unique journey to achieving their full potential. All services provided by Lighthouse are trauma-informed and strength-based. We ask, “What happened to you?” instead of “What’s wrong with you?” And we seek to build on the strengths of our clients and the family that surrounds them. And we ask, “What are your strengths?”

Lighthouse consistently implements the best evidence-based practices to deliver outstanding outcomes. The agency also understands equity and inclusion are critical to doing what’s best for those we serve. Lighthouse prioritizes equity and inclusion across the organization and persistently advances racial equity, gender equity, and LGBTQ cultural competency.

A staff of more than 300 full-time and part-time employees, assisted by some 300 volunteers and approximately 120 foster families work to assure the success of our services.

HOMELESS YOUTH SERVICES

Lighthouse Sheakley Center for Youth (first floor) is a shelter for homeless young adults ages 18-24 ready to work toward having a stable home of their own. Each young adult works with a case manager who provides consistent, personalized, and comprehensive support and guidance as they work to achieve their goals. The case manager helps connect young people to resources and necessary services, including mental and behavioral health services, life skills training, and educational and employment support. Sheakley Center houses 36 individual bedrooms with room for up to five overflow beds.

Resource Center is in the Sheakley Center for Youth. It’s a safe place for homeless teenagers and adults to come in off the streets and get needed items. This includes food, toiletries, a shower, and laundry facilities. A registered nurse is onsite providing basic health care and first aid. Lunch is served daily. A coordinator is always available to help youth find employment opportunities, housing, and mental health and substance abuse services.

Street Outreach Team drives and walks the streets of Cincinnati, working to find homeless youth before danger does. The team offers on-the-spot assistance and can connect youth to services. They also provide survival supplies like food, water, and toiletries.

Mecum House provides safe shelter for children, ages 10 to 17, who are physically or sexually abused, neglected, or for some other reason believe they can't safely be in their own homes. It's a place filled with caring and educated staff members who work hard to make kids feel safe, comfortable and at home right away. No youth is ever turned away. Mecum House can house up to 20 young people in private and semi-private bedrooms.

Youth Housing Opportunities offers support to eligible young adults as they work to learn life skills while living independently. Young adults who may qualify include young adults 17-21 years old who are in the custody of the child welfare system/aging out of the child welfare system and young adults 18-24 years old who are homeless. Young adults who qualify for the program receive the support and access to resources they need to learn to make it on their own, including the opportunity to live in a furnished apartment. Our inventory of apartments exceeds 120. Lighthouse owns more than 50 units, including 39 units on the top three floors of the Sheakley Center for Youth. The rest are rented through local landlords (referred to as "scattered site housing").

CLINICAL SERVICES

This service area provides outpatient behavioral health and mental health services for children, youth, and families experiencing challenges in the home, school, or community.

Hamilton County Community Juvenile Justice Services Staff members work with youth transitioning from ODYS institutions returning to the Cincinnati area. Reentry services include an intensive aftercare program that targets mental health, substance abuse, and/or other interpersonal and social deficits that interfere with a youth's ability to successfully re-integrate to the community, therapy services, community engagement activities, and workforce development. Lighthouse also provides Individualized Docket Services (LIDS) in conjunction with the Hamilton County Juvenile Court. LIDS is a diversion program offering individual therapy, community psychiatric supports, substance abuse treatment, medication management through the Lighthouse Clinic, educational support, and functional family therapy (FFT), a family counseling approach proven to help young people and families overcome behavior problems, substance abuse, and delinquency.

Integrated Access offers a comprehensive intake and assessment process. A diagnostic assessment is the first step in identifying, diagnosing, and recommending services and/or support. Our mental health assessment team can provide same day assessments and referrals for youth ages 3+. Our assessors can quickly connect individuals with needed services, such as outpatient therapy, substance use disorder treatment, shelter and housing for homeless youth, and an array of other services.

Outpatient Services

- **Therapy Services** provides individual therapy, family therapy, intensive home-based therapy, substance use treatment, and case management. Services are available seven

days a week with flexible hours and are available in the home, in the community, in our office, or via telehealth.

- **School Based Services** Staff partner with schools to promote social, emotional, and academic success for students. They provide mental health services and support in the school setting. Their offices are in the schools we serve.
- **Intensive/Integrated Services** Staff offer services and support in the home, school, and the community. They specialize in providing intensive services.

Foster Care and Adoption serves abused and neglected children who are referred by local child services agencies and juvenile courts. Lighthouse Foster Care & Adoption offers levels of foster care congruent with a foster child's identified needs at the time of referral. Emergency referrals and placements are accepted. Lighthouse offers specialized support and training for foster families, including regular visit with a social worker, around-the-clock availability, and access to respite care.

OhioRISE (Resilience through Integrated Systems and Excellence) is a specialized Medicaid managed care program creating new access to in-home and community-based services for young people with severe behavioral health needs involved with multiple systems such as juvenile courts, child protection services, and developmental disabilities services.

As a care management entity (CME) for OhioRISE, Lighthouse Youth & Family Services supports OhioRISE members who live in western Hamilton County. CMEs are essential to the success of OhioRISE. They are responsible for coordinating care for a child: bringing together schools, behavioral health providers, juvenile services, hospitals, and other systems to provide what the child needs.

COMMUNITY JUVENILE JUSTICE SERVICES

Montgomery County Community Juvenile Justice Services is in Dayton, Ohio and provides intensive outpatient sex offender specific treatment for youth and reentry services for youth returning to their communities following detention. Reentry services include an intensive aftercare program that targets mental health, substance abuse, and/or other interpersonal and social deficits that interfere with a youth's ability to successfully re-integrate to the community, therapy services, community engagement activities, and workforce development.

Ross County Community Juvenile Justice Services is in Chillicothe, Ohio and provides outpatient mental health, sex offender specific treatment, and substance abuse services.

RESIDENTIAL TREATMENT SERVICES

Lighthouse provides housing and emotional support and therapeutic programming to youth ages 11-18 with serious emotional and behavioral problems combined with other needs. The goal is to empower them to make positive changes for their futures in a place where they can feel at home.

The foundation of Lighthouse residential treatment is a holistic and trauma-informed approach called Trust Based Relational Interventions (TBRI). It consists of three principles: Connecting, Empowering, and Correcting.

Lighthouse Youth Center at Paint Creek is a residential treatment campus on 35 acres in Bainbridge, Ohio. Paint Creek serves boys ages 14-20 who are involved in the juvenile justice and/or child welfare systems. Paint Creek is also an alternative for youth sentenced to the Ohio Department of Youth Services for detention. Treatment includes emotional support and therapy, counseling, life skills training, and sex offender, and substance abuse treatment. Boys attend **Paint Creek Academy**, a charter school on campus. They can earn high school credits and participate in computer training. Vocational training is also available. An additional learning opportunity is the horticultural program which includes two onsite greenhouses where the boys can plant and care for flowers and vegetables. For more than 35 years, boys have found a positive path forward after living at Lighthouse Youth Center at Paint Creek.

New Beginnings (NB) (for girls) and the **Youth Development Center (YDC)** (for boys) are Lighthouse's two residential treatment locations in Cincinnati. Both are safe and welcoming places where teens heal through nurturing, accountability, and guidance.

New Beginnings gives girls traumatized by their histories of neglect and abuse a chance to develop healthy coping strategies and build positive relationships.

Boys who come to YDC are working to overcome serious emotional and behavioral problems along with other obstacles.

LIGHTHOUSE CLINIC

The Lighthouse Clinic offers medication management and family support services. The clinic is staffed by a nurse practitioner and is open to all Lighthouse clients.

LIGHTHOUSE GREEN LEARNING CENTER PROVIDED BY GROUNDWORK

The Lighthouse Green Learning Center is an Agricultural Learning Center in Madisonville with Groundwork Ohio River Valley (Groundwork) as our Operating Partner. A project of the National Park Service, Groundwork engages youth and communities in urban environmental activities that positively impact their quality of life.

Groundwork leads year-round programming at the Lighthouse Green Learning Center and the Community Garden at Ward and Chandler Streets. Initiatives include an education program, summer job opportunities for students, and the Green Corps, a professional urban conservative corps made up of young adults from the city. Groundwork and Lighthouse youth grow native trees for community reforestation, design demonstration sites, and learn life skills associated with healthy food and business.